

SPORT

GUIDE

**TOP 50
GLOBALLY
FOR SPORT¹**



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AT LA TROBE, OUR FOCUS ON HEALTH AND WELLBEING SHAPES A UNIQUE PERSPECTIVE ON SPORT, SETTING US APART FROM OTHER UNIVERSITIES.

Our world-class sport facilities welcome everyone from elite level athletes through to grassroots sport clubs and community groups. Our Sports Park also includes the Home of the Matildas and Rugby Victoria's future home of rugby – all right here on the Melbourne Campus.

As Victoria's #1 university for employer satisfaction¹, we partner with some of the best organisations in the sports industry to train the next generation of professionals through placements, work-integrated learning, industry opportunities, athletic scholarships and more.

Our research in the areas of nutrition and dietetics, and human movement and sports science is rated 'well above world standard'², and it's also helping us create long term improvements to health and wellbeing nationwide.

1. Quality Indicators for Learning and Teaching (QILT), 2023, 2022 Employer Satisfaction Survey.
2. Australian Research Council, 2019, Excellence in Research for Australia (ERA) Outcomes 2018.

TOP 50 WORLDWIDE

We're rated in the top 50 worldwide for sports-related subjects.

Quacquarelli Symonds (QS), 2024, QS World University Rankings by Subject 2024: Sports-Related Subjects

HOME OF THE MATILDAS

In 2023, we welcomed the CommBank Matildas to their new home at the La Trobe Sports Park. The Young Matildas and Future Matildas will also utilise the training facility.

7 x CAMPUSES

We're Victoria's only state-wide university, with seven campuses across Melbourne, regional Victoria and Sydney. So no matter where you want to study, you'll have opportunities to take part in sport and active recreation events and programs, access to real-world experience with elite sporting organisations and be able to gain industry connections to your local community.

LEARN WITH INDUSTRY

We partner with industry giants such as Carlton Football Club, Football Victoria and Bendigo Spirit to give you options for placements, work-integrated learning, internships and more.

#1

La Trobe is a leader in employer-graduate satisfaction, ranking #1 in Victoria and #3 in Australia.

Quality Indicators for Learning and Teaching (QILT), 2023, 2022 Employer Satisfaction Survey



TOP UNIVERSITIES WORLDWIDE

We're in the top 1% of universities, placing us within the top 250 of universities worldwide.

Times Higher Education (THE), 2023, World University Rankings 2023; Consejo Superior de Investigaciones Científicas (CSIC), 2023, Ranking Web of Universities

DIFFERENT DIFFERENT WAYS INTO UNI

There's more than one way to secure an offer into your dream course through our pathways, early entry programs, double degrees and packaged offers.

SPORTS PARK

Our Sports Park has been awarded Australia's first 6 Star Green Star design rating by the Green Building Council Australia, recognising world leadership in sustainable building practice.

INDUSTRY PARTNERSHIPS

MAJOR PARTNERS

CARLTON FOOTBALL CLUB

In partnership with the Carlton Football Club, the Carlton College of Sport provides a unique learning program offering higher education diplomas in sport coaching and development, and elite sport business. In 2023, we extended our partnership for a further five years, taking our commitment to twelve years by the end of 2027. This partnership facilitates a minimum of twenty placements for students each year.

FOOTBALL VICTORIA

We're the new official higher education partner of Football Victoria, the governing body for Victorian football (soccer). Their new home at the Home of the Matildas within the La Trobe Sports Park precinct will host the state sporting body's administrative activities, high performance training, development and recovery programs.

Not only does the Home of the Matildas provide exceptional facilities for elite sporting teams and grassroots community soccer clubs, but our partnership opens the doors to unique opportunities for our students and researchers in sport science, allied health and sports medicine within Australia's most popular team sport.

BENDIGO SPIRIT

Thanks to our partnership with the Bendigo Spirit women's team, we continue to provide opportunities for women in sport at a national level, while also creating opportunities for placements, research and work integrated learning.

COMMUNITY DELIVERY PARTNERS

ACHPER VICTORIA

Based at the La Trobe Sport Park Stadium since 2021, it has hosted numerous state-wide secondary and primary school conferences for Victoria's PE teaching cohort.

AFL CENTRAL VICTORIA

We welcome the league's teams and their families onto our Bendigo Campus for events 60 times per year, as we support the development of an active lifestyle for children and teenagers and embed our students within AFLCV with work integrated learning opportunities.

AFL NORTH EAST BORDER

We host AFLNEB events and teams at our Albury-Wodonga Campus throughout the year and provide our students with placement opportunities.

BENDIGO ACADEMY OF SPORT

The Academy is involved with our academic experts and emerging sport researchers. In our strength and conditioning lab, Academy athletes work with sport exercise science students to discover how to best prepare for elite competition.

BENDIGO BRAVES

A long-term partnership that continues to provide opportunities to students through placements, research, work integrated learning and employment at the Red Energy Arena.

BENDIGO PIONEERS

Based on campus, the La Trobe University Bendigo Pioneers women's and men's teams compete in the top tier under-18 Australian Rules Football competition. The Coates Talent League teams are supported with collaboration on professional development, high performance training, graduate employment, work integrated learning and research projects in conjunction with an industry PhD.

BENDIGO STRIKERS NETBALL CLUB

Our newly formed partnership provides opportunities for women in sport in the regions to compete in the Victorian Netball League at a national level, while also creating opportunities for placements, research and work integrated learning.

BENDIGO SPORTS STAR

A newly formed partnership that supports and fosters athletic potential and skills in our local community.

THE NORTHERN FOOTBALL NETBALL LEAGUE

A long-term partner of La Trobe, in 2020 we formed a 20-year agreement that provides league access to our Sports Park Stadium.



GET INDUSTRY EXPERIENCE WHILE YOU STUDY



"I ALWAYS KNEW I WANTED TO BE INVOLVED IN SPORT, AND I FELT PASSIONATE ABOUT EXERCISE PHYSIOLOGY AND THE OPPORTUNITY TO BE ACROSS TRAINING ATHLETES AND TAKING THEM THROUGH REHAB. I'VE GAINED INVALUABLE EXPERIENCE WORKING ALONGSIDE HIGH LEVEL COACHES AND RUBBING SHOULDERS WITH MANY EXPERIENCED ATHLETES."

PATRICK BLOOD

Bachelor of Exercise Science and Master of Exercise Physiology (alumni)

Head of Performance, Bendigo Spirit (Women's National Basketball League – WNBL)

Head of Strength and Conditioning, Bendigo Strikers (Victorian Netball League – VNL)



TEAL HOCKING

Bachelor of Education
LEAP emerging athlete
Netball – Bendigo Strikers



HOME OF THE MATILDAS

In 2023, we welcomed the CommBank Matildas to their purpose-built, high-performance home base at the Home of the Matildas at La Trobe University. Located in the Sports Park precinct, the Home of the Matildas at La Trobe University is the largest football-specific infrastructure project in Australia's history, and it's available for the team's exclusive use whenever they are in camp, providing an elite training environment as the pre-eminent facility in the region.

Photo Credit: Rachel Bach/By The White Line

OUR FACILITIES

The perfect place to learn, train, research and play.

LA TROBE SPORTS PARK

Located at our Melbourne Campus, the La Trobe Sports Park is not only a unique learning hub for students, but it also hosts major participation sports events, grassroots sport competitions and recreation opportunities.

LA TROBE SPORTS STADIUM

This state-of-the-art stadium has six high-ball multipurpose courts for a variety of indoor sports. Each court hall is equipped with an event office, technical support and amenities, and our FIBA-Connect Stadium has automated camera technology for live streaming and player tracking.

Court Hall 1 also includes a 1,100 seat retractable grandstand, which enables the La Trobe Sports Park Stadium to host large-scale indoor community and professional sporting events that require a show court facility.

SYNTHETIC PITCH

Our FIFA-1 standard pitch comes with built in shock pads made from recycled rubber materials to help reduce impact (while making a sustainability impact!) and injury.

'GANBU DJILA' (ONE PLAY)

Located at Charles La Trobe College, Ganbu Djila is our Multipurpose Synthetic Field. It's the new home to the La Trobe University Baseball Club, as part of the wider stage 3 development of the Sports Park Precinct.

SPORTS PARK PAVILION

Club rooms, change rooms (including gender neutral change rooms) and a multi-purpose function room.

SPORTS PERFORMANCE HUB

The hub includes an exercise physiology lab, strength & conditioning lab, biomechanics lab, heat and altitude chambers and services for athlete testing, nutrition, recovery and wellbeing. The hub enables us to offer world-class research, performance and career outcomes to our sport students with Work Integrated Learning (WIL) opportunities and experiences alongside sub-elite and elite athletes.

SPORTING FIELDS

Whether your game is soccer, cricket, ultimate frisbee, touch – we have a suite of elite sporting fields to support any sporting program.

TONY SHEEHAN OVAL

Home to the La Trobe University Football Club, the oval features a premier Santa Ana Couch playing surface, and is supported with a video playback scoreboard and lighting technology that's suitable for televised night games. It has immediate proximity to changing facilities for a wide range of user groups in the Sports Park Pavilion.

FITNESS CENTRES

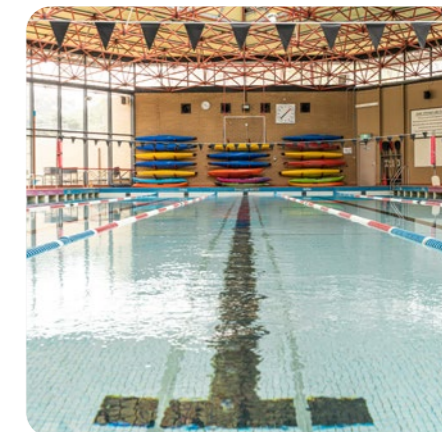
Get out of the classroom and stay active with a range of activities available at our on-campus fitness centres.

MELBOURNE (INDOOR SPORTS CENTRE)

- fully equipped gym, fitness assessments and personalised training programs
- three specialty group exercise studios catering for reformer pilates, functional group training, mind and body classes and more
- multi-purpose indoor court including basketball, badminton, volleyball and indoor soccer facilities in addition to netball, tennis and squash courts
- 25-metre heated indoor pool and deep-water pit
- rock climbing wall.

BENDIGO

- fully equipped gym
- exercise studios for group exercise training
- exercise science facilities
- sports field, pavilion and basketball court.



CARLTON COLLEGE OF SPORT

WE RESPECT THE STANDARDS OF HIGH-PERFORMANCE SPORT.
WE'RE RELIABLE. WE SHOW UP. WE EMBRACE OPPORTUNITY.
WE'RE DEDICATED, ACCOUNTABLE AND COMMITTED.
WE WORK TOGETHER AND WE HAVE FUN.



Established in 2019 as a partnership between La Trobe and Carlton Football Club, the Carlton College of Sport gives you the chance to study, gain real-world experience and build the connections you need to break into the industry.

You can choose from two higher education diplomas – the Diploma of Elite Sport Business or the Diploma of Sport Coaching and Development. The course is delivered by La Trobe staff in a teaching space at the Carlton Football Club headquarters, IKON Park.

With the opportunity to complete 100 hours of industry-based placement, as well as access to elite athletes, coaches, high performance staff and mentors, you'll get immersed in the Club and obtain exclusive insights to events, community activations, facility operations, fan engagement, match-day protocols and more.

REAL-WORLD EXPERIENCE

GET 100 HOURS OF INDUSTRY-BASED PLACEMENT AT CARLTON FOOTBALL CLUB, AFL VICTORIA, SOUTH EAST MELBOURNE PHOENIX AND MORE.

GRADUATE JOBS

APPLY FOR ONE OF FOUR GRADUATE JOBS AT THE CARLTON FOOTBALL CLUB, OFFERED EXCLUSIVELY TO GRADUATING CARLTON COLLEGE OF SPORT STUDENTS EACH YEAR.

DIRECT ENTRY

DEPENDING ON WHICH DIPLOMA YOU CHOOSE, YOU CAN GAIN A PATHWAY INTO OUR BACHELOR OF BUSINESS OR BACHELOR OF SPORT COACHING AND DEVELOPMENT.

"I ABSOLUTELY LOVED MY TIME AT CCOS, AND IT WAS THE BEST DECISION I COULD HAVE MADE. THE RELATIONSHIPS I MADE AND THE EXPERIENCES I HAD THROUGHOUT THE YEAR WERE UNMATCHED AND REALLY OPENED MY EYES TO THE SPORTING INDUSTRY. I GOT TO COMPLETE SO MANY AMAZING PLACEMENTS IN DIFFERENT AREAS OF THE CLUB AND MEET SO MANY STAFF ... I COULDN'T BE MORE GRATEFUL FOR THE OPPORTUNITY."

AYANA OSMOND
Diploma of Elite Sport Business



LA TROBE ELITE ATHLETE PROGRAM (LEAP)

We're an elite athlete friendly university and member of the Elite Athlete Education Network that proudly supports over 150 top level athletes and performers through grants, programs and scholarships.

Over the years we've supported athletes in a range of sports at a number of major and international events, including the Olympic Games, Commonwealth Games and World University Games.

THE PROGRAM

We support you with everything you need to combine study and sport, with in-kind benefits while studying at La Trobe, including:

- tailored strength and conditioning programs
- dedicated academic case management and assistance with timetabling, flexible assessment and alternative exam arrangements
- support with course transfers, cross-institutional study and credit transfers
- gym memberships
- personalised nutrition programs
- admission to the La Trobe Student Excellence Academy
- access to tailored career advice and student wellbeing
- official LEAP apparel
- subsidised allied health support
- access to on-campus sport facilities.

FINANCIAL ASSISTANCE

If you're an Elite Athlete Program member at La Trobe, you can apply for targeted scholarships, subsidised intervarsity representation and grants from the La Trobe Elite Athlete Support Fund, supported by TechnologyOne. This fund provides yearly grants towards the costs of elite competition, including travel, accommodation and registration expenses.

ELITE ATHLETE ADJUSTMENT FACTOR

If you're an elite athlete applying for entry into a La Trobe undergraduate course via VTAC, you could be eligible for the Elite Athlete Adjustment Factor. This means you could have a five aggregate point adjustment factor applied to your admission into La Trobe. All you need to do is demonstrate how your sporting commitments have impacted your Year 12 studies, and how you meet the criteria as an elite athlete.

Applications open in August each year.

Discover more:
latrobe.edu.au/sport/elite-athlete



HOW TO APPLY

1

CHECK IF YOU'RE ELIGIBLE TO APPLY



2

COMPLETE THE ONLINE APPLICATION FORM



3

SUBMIT YOUR COMPLETED FORM ONLINE ALONG WITH SUPPORTING DOCUMENTATION



AMY BACHMANN
Bachelor of Dental Science

“LEAP HAS BEEN REALLY GOOD AT BEING ABLE TO ACCOMMODATE IF I’M AWAY ON A TOURNAMENT, SHUFFLING AROUND SOME ASSIGNMENT DATES WHICH ENABLES ME TO GET THE WORK IN FOR MY HOCKEY BUT ALSO GET ASSIGNMENTS DONE TO A GOOD LEVEL.”

KAELAN BOUNDY

HOCKEY
Bachelor of Sport and Exercise Science

“AS AN ATHLETE, YOU NEED SUPPORT SYSTEMS. I JUST TRANSFERRED TO LA TROBE ... I LOOKED AT THE LEAP PROGRAM AND I SAW THAT IT FED IN WELL WITH BEING AN ELITE INTERNATIONAL ATHLETE, AS WELL AS OFFERING FINANCIAL SUPPORT, GYM, EVEN CLOTHING.”

LIAM PARK

JUDO
Bachelor of Business

“PLAYING SOCCER AND SPORT AT A HIGHER LEVEL IS REALLY UNPREDICTABLE WITH FIXTURES – SOMETIMES YOU FIND OUT WITHIN 24 HOURS THAT YOU NEED TO TRAVEL. EVERYONE HAS BEEN SO ACCOMMODATING AND FLEXIBLE WITH ME, AND I’M SO APPRECIATIVE.”

PAIGE ZOIS

SOCCER
Bachelor of Biomedicine

“FOR ME, THE FACT THAT I’M IN THE LEAP PROGRAM ... HAS MEANT THAT I’M MORE LIKELY TO GET [PLACEMENT] LOCATIONS THAT ARE CLOSE TO HOME, WHICH MEANS THAT I CAN KEEP RIDING AND TRAINING.”

AMY BACHMANN

EQUESTRIAN
Bachelor of Dental Science

SPORT RESEARCH

We're dedicated to making a positive difference for athletes at an individual level, sport as a whole, and the communities we exist in. It's why one of our top research themes is 'healthy people, families and communities.'

In sport research, we've been working on big projects with the support of government organisations and agencies, industry partners, and national and international sports organisations.

Some of these projects include:

- task evaluation to inform training prescription and equipment design in physically demanding sports and occupations (such as defence)
- harnessing the power of analytics to automate service support practices and unlock insights from sports data
- understanding physical and mental fatigue and leveraging sleep, nutrition and recovery to enhance human performance
- optimising dancer performance and health in partnership with The Australian Ballet.

HOLSWORTH RESEARCH INITIATIVE

This initiative turbo charges the La Trobe Rural Health School's research strengths in exercise, physical activity and rehabilitation. Using multi-disciplinary approaches, we tackle important questions to influence health policy and practice in regional locations, Australia and internationally.

LA TROBE SPORT, PERFORMANCE AND NUTRITION RESEARCH GROUP

Our research group brings together experts from sport and exercise science, dietetics and nutrition to create knowledge, influence practice and optimise human performance.

BIOMECHANICS LABORATORY

Our Biomechanics Lab houses the business end of a 40m running track with two in-ground force plates for running gait analysis.

EXERCISE PHYSIOLOGY LABORATORY

The Exercise Physiology Lab is fitted out with exercise testing apparatus, a biochemistry/blood analysis area and our environmental chamber.

STRENGTH AND CONDITIONING LABORATORY

Home to eight lifting platforms, two instrumented racks with force platforms and 3D camera technology, portable force plates, and a 40m running track.

PERFORMANCE ANALYSIS AND SPORT ANALYTICS LABORATORY

The Performance Analysis and Sport Analytics Laboratory provides in-training and competition analysis and brings the laboratory to the field, leveraging wireless and wearable technologies for in-game insight and post-game analysis.

SKILLED PERFORMANCE LABORATORY

The Skilled Performance Laboratory is used to examine aspects of learning and performance for complex skills across multiple domains, using a combination of psychophysiological and behavioural measurement including eye tracking technology, video capture and projection, virtual reality, and event coding.

LA TROBE SPORT AND EXERCISE MEDICINE RESEARCH CENTRE

Our sport research centre is a world-leading collaborative centre for sport and exercise medicine research. The centre's research impacts policy, clinical practice, activity participation and health and wellbeing both here in Australia and internationally.

GAIT LABORATORY

This lab incorporates state-of-the-art systems and equipment to understand the structure and function of the musculoskeletal system, as well as causes, prevention and treatment of musculoskeletal injuries and disease.

ULTRASOUND TISSUE CHARACTERISATION (UTC)

We're using UTC to quantify subtle changes in response to exercise, as well as monitor improvements in tendon structure following rehabilitation.

NEUROPLASTICITY RESEARCH LABORATORY (NRL)

The NRL specialises in the technique of Transcranial Magnetic Stimulation. This lab works on measuring the functional properties of the human brain, in order to understand how the healthy nervous system functions to control movements following things like strength training and motor skill learning.

VIOLET VINES MARSHMAN CENTRE FOR RURAL HEALTH RESEARCH

Established in 2019 following a \$3 million investment from the VV Marshman Charitable Trust, we're undertaking world-class studies aimed at narrowing the gulf between metropolitan health outcomes and those in regional, rural and remote areas.

GET INVOLVED

Sport is an important part of everyday life at La Trobe.

With our wide range of clubs and competitions, you'll have the chance to get involved in fun sporting events all year round and meet new people along the way.

COMMUNITY EVENTS

Get fit, have fun and represent Team La Trobe in runs, walks and bike rides throughout the year, like the Team La Trobe Walk & Run and the Autumn Cycling Classic Community Social Cycle. Open to all students, staff and alumni.

LA TROBE LEAGUE

Get a team together and enter one of many social competitions at our Melbourne and Bendigo Campuses, which are open to group and individual entries.

INTERVARSITY

Meet new people, keep fit and represent La Trobe while competing against other local universities. You could represent La Trobe in the Southern Shield Netball Competition, University Basketball League or Regional Campus Competitions.

UNIVERSITY NATIONALS

When you represent Team La Trobe, you'll experience elite sport competition against other universities across Australia. You can also gain valuable experience by volunteering in sport management and sport journalism positions. In 2023, our women's basketball team won gold in the University Basketball League competition.



#1 IN AUSTRALIA FOR STUDENT SATISFACTION¹



WE'RE RANKED IN THE WORLD'S TOP 50 FOR SPORT²

JOIN A CLUB

We're proud to have 26 affiliated sport clubs, including 4 sport clubs operating from our Bendigo Campus.

- Australian Rules Football
- Badminton
- Badminton (Bendigo)
- Baseball
- Basketball
- Brazilian Jiu Jitsu (Bendigo)
- Cricket
- Cheer and dance
- Dive La Trobe
- Fencing
- Hockey
- Ice sports
- Lacrosse
- Mountaineering
- Netball
- Rowing
- Snowsports
- Soccer
- Soccer (Bendigo)
- Surfing
- Swimming
- Taekwondo
- Touch football
- Volleyball
- Volleyball (Bendigo)
- Water polo

1. Canstar Blue, 2023, Best-Rated Universities in Australia (2023).
2. Quacquarelli Symonds (QS), 2024, QS World University Rankings by Subject 2024: Sports-Related Subjects

YOUR WAY TO A CAREER IN SPORT

TRANSFORM YOUR PASSION FOR SPORT INTO A CAREER

Want to combine your passion for sport with an in-demand career in health? Here are some examples of how we can help you pursue a career in sport, whatever your educational background.

UNDERGRADUATE DIPLOMAS & PATHWAYS¹

e.g. Diploma of Health Sciences, Diploma of Rural Health, Diploma of Sport Coaching and Development

BACHELOR OF HEALTH SCIENCES

Gain a diverse range of career opportunities in health and sport or, if you're thinking about an undergraduate or postgraduate degree and concerned about entry requirements, use it as a pathway. Taking the allied health major is also your ideal pathway to a career in physiotherapy.

BACHELOR OF SPORT AND EXERCISE SCIENCE OR BACHELOR OF EXERCISE SCIENCE

Kickstart your career in the sport industry by helping people reach peak performance. Depending on your choice of major, explore pathways into a range of specialist postgraduate options.

CAREER OPPORTUNITIES

PATHWAY TO POSTGRADUATE STUDY¹

CAREER OPPORTUNITIES

PATHWAY TO POSTGRADUATE STUDY¹

ENVIRONMENTAL HEALTH OFFICER

MASTER OF PHYSIOTHERAPY PRACTICE

EXERCISE PHYSIOLOGIST²

MASTER OF EXERCISE PHYSIOLOGY

HEALTH PROMOTION COORDINATOR

MASTER OF COUNSELLING, REHABILITATION AND MENTAL HEALTH

SPORT SCIENTIST

MASTER OF SPORT ANALYTICS

NUTRITIONIST

PERSONAL TRAINER

MASTER OF STRENGTH AND CONDITIONING



For more info on your pathway options, visit latrobe.edu.au/cmp/pathways

¹ All pathways are subject to meeting the destination course's minimum entry requirements. Postgraduate pathways may also be subject to your choice of undergraduate major. See the La Trobe website for details.
² Professional registration as an exercise physiologist is subject to additional postgraduate study requirements and ongoing requirements beyond completion of the undergraduate degree. Please contact the relevant professional body for details.

COURSES AT A GLANCE

ALLIED HEALTH & REHABILITATION

UNDERGRADUATE	COURSES	PAGE	
Bachelor's degrees	Bachelor of Biomedical Science	19	
	Bachelor of Biomedicine	19	
	Bachelor of Health Sciences	19	
	Bachelor of Food and Nutrition	19	
	Bachelor of Physiotherapy (Honours)	19	
	Bachelor of Podiatry (Honours)	19	
	Bachelor of Prosthetics and Orthotics (Honours)	19	
	Bachelor of Sport and Exercise Science	19	
	Diplomas & pathways	Diploma in Health Sciences	19
		Diploma of Rural Health	19
Diploma of Sport Coaching and Development		19	

POSTGRADUATE	COURSES	PAGE
Master's degrees by coursework	Master of Counselling, Rehabilitation and Mental Health	19
	Master of Dietetics	19
	Master of Musculoskeletal Physiotherapy	19
	Master of Physiotherapy Practice	19
	Master of Sports and Exercise Physiotherapy	19

EXERCISE PHYSIOLOGY & HUMAN PERFORMANCE

UNDERGRADUATE	COURSES	PAGE
Bachelor's degrees	Bachelor of Biological Sciences	21
	Bachelor of Biomedical Science	21
	Bachelor of Biomedicine	21
	Bachelor of Exercise Science	21
	Bachelor of Physiotherapy (Honours)	21
	Bachelor of Podiatry (Honours)	21
	Bachelor of Prosthetics and Orthotics (Honours)	21
	Bachelor of Science	21
	Bachelor of Sport and Exercise Science	21
	Diplomas & pathways	Diploma in Health Sciences
Diploma of Biological Sciences		21
Diploma of Rural Health		21
Diploma of Science		21
Diploma of Sport Coaching and Development		21

POSTGRADUATE	COURSES	PAGE
Master's degrees by coursework	Master of Dietetics	21
	Master of Exercise Physiology	21
	Master of Musculoskeletal Physiotherapy	21
	Master of Physiotherapy Practice	21
	Master of Sports and Exercise Physiotherapy	21
	Master of Strength and Conditioning	21

SPORT MANAGEMENT, MARKETING & COMMUNICATIONS

UNDERGRADUATE	COURSES	PAGE
Bachelor's degrees	Bachelor of Media and Communication	23
	Bachelor of Sport and Recreation Management	23
Diplomas & pathways	Diploma in Business	23
	Diploma of Arts	23
	Diploma of Elite Sport Business	23

POSTGRADUATE	COURSES	PAGE
Master's degrees by coursework	Global Master of Business Administration	23
	Master of Sport Analytics	23

ALLIED HEALTH & REHABILITATION

ALLIED HEALTH & REHABILITATION



When you study allied health and rehabilitation, you'll gain an in-demand skillset with a wide range of fields to choose from, including physiology and pharmacology, food and nutrition, rehabilitation counselling, physiotherapy, podiatry and more. Graduate ready to make an impact in the health, wellbeing and quality of life of elite athletes, individuals and communities from day one.

The La Trobe website includes complete entry requirements, including extra requirements, information on subject adjustments and requirements for non-Year 12 students. ATAR data is based on the lowest selection rank (excluding adjustment factors) and is correct as of VTAC's January 2024 offer round. For more information, see latrobe.edu.au/courses. Aspire ATARs published are based on entry for Semester 1, 2024 and subject to change. For more information on the Aspire Early Entry Program and how to access the Aspire ATAR, see latrobe.edu.au/aspire. Some courses have alternative application options for regional and First Nations students – these courses are noted. For more information on how to apply, see the VTAC website.

UNDERGRADUATE COURSES

BACHELOR'S DEGREES

Minimum prerequisites

Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.

COURSE	FIRST MAJOR	LOCATION	INTAKE	DURATION	ATAR	ASPIRE ATAR
Bachelor of Biomedical Science		Albury-Wodonga	Sem 1 & 2	3 years	62.80	50.00
		Bendigo	Sem 1 & 2	3 years	63.90	50.00
Bachelor of Biomedicine	Physiology and Pharmacology	Melbourne	Sem 1	3 years	NC	50.00
Bachelor of Health Sciences ¹	Allied Health ¹	Melbourne	Sem 1	3 years	55.20	50.00
	Food and Nutrition ¹	Melbourne	Sem 1	3 years	55.20	50.00
	Health, Wellbeing and Performance	Melbourne Online	Sem 1	3 years	55.20	50.00
		Melbourne Online	Sem 1	3 years	56.35	50.00
Bachelor of Food and Nutrition		Melbourne Online	Sem 1	3 years ²	61.95	50.00
		Melbourne Online	Sem 1	3 years	NP	50.00
Bachelor of Physiotherapy (Honours)		Bendigo	Sem 1	4 years	93.55	90.00 85.00 ⁴
		Melbourne	Sem 1	4 years	96.00	94.00
Bachelor of Podiatry (Honours)		Melbourne	Sem 1	4 years	70.35	55.00
Bachelor of Prosthetics and Orthotics (Honours)		Melbourne	Sem 1	4 years	76.00	65.00
Bachelor of Sport and Exercise Science	Allied Health	Melbourne	Sem 1	3 years	NC	50.00
	Nutrition Science	Melbourne	Sem 1	3 years	NC	50.00

- This course is pending Academic Board approvals and may be subject to change. Other majors are also available. See the La Trobe website for the most up-to-date details.
 - 2.5-year accelerated option also available.
 - Open Universities Australia study period. See open.edu.au for details.
 - Regional Entry Aspire ATAR.
- ⁺ Additional prerequisites to the minimum prerequisites.

DIPLOMAS & PATHWAYS

Finding a way into university doesn't have to be hard. Whether you're graduating Year 12, switching over from TAFE, or starting your education again after a break, we have a wide range of options to suit your circumstances.

Note: All undergraduate pathways are subject to meeting the destination course's minimum entry requirements. See the La Trobe website for details.

Minimum prerequisites

Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.

COURSE	LOCATION	INTAKE	DURATION	ATAR
Diploma in Health Sciences	Melbourne	Sem 1	1 year	40.55
Diploma of Rural Health	Albury-Wodonga	Sem 1	1 year	42.10
	Bendigo	Sem 1	1 year	40.05
	Mildura	Sem 1	1 year	NP
	Shepparton	Sem 1	1 year	48.85
Diploma of Sport Coaching and Development	Carlton ¹	Sem 1 & 2	1 year	45.10

- Carlton College of Sport, a partnership between La Trobe University and Carlton Football Club.
- ⁺ Additional prerequisites to the minimum prerequisites.

POSTGRADUATE COURSES

MASTER'S DEGREES BY COURSEWORK

Entry requirements

See online for details

COURSE	SPECIALISATION	LOCATION	INTAKE	DURATION
Master of Counselling, Rehabilitation and Mental Health	Advanced Practice	City ¹	Sem 1 & 2	2 years
		Online	Sem 1 & 2	2 years
	Applied Research	City ¹	Sem 1 & 2	2 years
		Online	Sem 1 & 2	2 years
Master of Dietetics		Melbourne	Sem 2	1.5 years
Master of Musculoskeletal Physiotherapy ²		Melbourne	Sem 1	2 years ³
Master of Physiotherapy Practice		Bendigo	Term 1	2 years
		Melbourne	Term 1	2 years
Master of Sports and Exercise Physiotherapy ²		Melbourne	Sem 1	2 years ³

- City Campus, Collins Street, Melbourne CBD
- Course available to qualified physiotherapists only
- Part-time study

PATHWAYS TO POSTGRADUATE STUDY

Many of our undergraduate courses provide either a direct pathway or credit towards postgraduate study.

Visit La Trobe website via the QR code for more details



¹ First Nations entry available | ² Regional entry available | NC New course | NP ATAR not published

EXERCISE PHYSIOLOGY & HUMAN PERFORMANCE



Turn your love of exercise physiology and human performance into a fulfilling career. Learn how to design and deliver client-centred exercise programs to athletes. Discover how to assess and condition athletes to improve their physical performance, prevent chronic injuries, and successfully rehabilitate from injuries and medical conditions.

The La Trobe website includes complete entry requirements, including extra requirements, information on subject adjustments and requirements for non-Year 12 students. ATAR data is based on the lowest selection rank (excluding adjustment factors) and is correct as of VTAC's January 2024 offer round. For more information, see latrobe.edu.au/courses. Aspire ATARs published are based on entry for Semester 1, 2024 and subject to change. For more information on the Aspire Early Entry Program and how to access the Aspire ATAR, see latrobe.edu.au/aspire. Some courses have alternative application options for regional and First Nations students – these courses are noted. For more information on how to apply, see the VTAC website.

UNDERGRADUATE COURSES

BACHELOR'S DEGREES

Minimum prerequisites

Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.

COURSE	FIRST MAJOR	LOCATION	INTAKE	DURATION	ATAR	ASPIRE ATAR
Bachelor of Biological Sciences	Human Physiological Sciences	Albury-Wodonga ¹	Sem 1 & 2	3 years	NP	50.00
		Melbourne	Sem 1 & 2	3 years	55.60	50.00
Bachelor of Biomedical Science		Albury-Wodonga ¹	Sem 1 & 2	3 years	62.80	50.00
		Bendigo ¹	Sem 1 & 2	3 years	63.90	50.00
Bachelor of Biomedicine	Physiology and Pharmacology	Melbourne	Sem 1	3 years	NC	50.00
Bachelor of Exercise Science		Bendigo	Sem 1 & 2	3 years	55.85	50.00
		Melbourne	Sem 1	4 years	93.55	90.00 85.00 ²
Bachelor of Physiotherapy (Honours)		Bendigo ¹	Sem 1	4 years	96.00	94.00
		Melbourne	Sem 1	4 years	96.00	94.00
Bachelor of Podiatry (Honours)		Melbourne	Sem 1	3 years	70.35	55.00
		Melbourne	Sem 1	4 years	76.00	65.00
Bachelor of Prosthetics and Orthotics (Honours)		Melbourne	Sem 1	4 years	76.00	65.00
		Melbourne	Sem 1	4 years	76.00	65.00
Bachelor of Science	Human Physiological Sciences	Melbourne ¹	Sem 1 & 2	3 years	65.55	50.00
Bachelor of Sport and Exercise Science	Human Performance	Melbourne	Sem 1	3 years	NC	50.00

- Students commencing studies at Albury-Wodonga are required to transfer to Melbourne from second year.
- Regional Entry Aspire ATAR.
- Additional prerequisites to the minimum prerequisites.

DIPLOMAS & PATHWAYS

Finding a way into university doesn't have to be hard. Whether you're graduating Year 12, switching over from TAFE, or starting your education again after a break, we have a wide range of options to suit your circumstances.

Note: All undergraduate pathways are subject to meeting the destination course's minimum entry requirements. See the La Trobe website for details.

Minimum prerequisites

Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.

COURSE	LOCATION	INTAKE	DURATION	ATAR
Diploma in Health Sciences	Melbourne	Sem 1	1 year	40.55
Diploma of Biological Sciences	Melbourne	Sem 1 & 2	1 year	41.20
Diploma of Rural Health	Albury-Wodonga	Sem 1	1 year	42.10
	Bendigo	Sem 1	1 year	40.05
	Mildura	Sem 1	1 year	NP
	Shepparton	Sem 1	1 year	48.85
Diploma of Science	Bendigo	Sem 1	1 year	NP
	Melbourne	Sem 1 & 2	1 year	44.00
Diploma of Sport Coaching and Development	Carlton ¹	Sem 1 & 2	1 year	50.00

- Carlton College of Sport, a partnership between La Trobe University and Carlton Football Club.
- Additional prerequisites to the minimum prerequisites.

POSTGRADUATE COURSES

MASTER'S DEGREES BY COURSEWORK

Entry requirements

See online for details

COURSE	LOCATION	INTAKE	DURATION
Master of Exercise Physiology	Bendigo	Sem 1	1.5 years ¹
Master of Musculoskeletal Physiotherapy ³	Melbourne	Sem 1	2 years ²
Master of Physiotherapy Practice	Bendigo	Term 1	2 years
	Melbourne	Term 1	2 years
Master of Sports and Exercise Physiotherapy ³	Melbourne	Sem 1	2 years ²
Master of Strength and Conditioning	Melbourne	Sem 1	1.5 years

- 1-year accelerated option also available.
- Part-time study.
- This course is designed for qualified physiotherapists only.

PATHWAYS TO POSTGRADUATE STUDY

Many of our undergraduate courses provide either a direct pathway or credit towards postgraduate study.

Visit La Trobe website via the QR code for more details



- ¹ First nations entry available | ² Regional entry available | NC New course | NP ATAR not published

SPORT MANAGEMENT, MARKETING & COMMUNICATIONS



Gain the skills, knowledge and confidence you need to take on leadership, management, marketing and communications roles in the sport, recreation, media and entertainment sector. Explore a variety of fields such as sport and recreation management, sports media, community engagement and more. Get behind-the-scenes access with learning opportunities through our partnerships with major metropolitan and regional sporting clubs.

The La Trobe website includes complete entry requirements, including extra requirements, information on subject adjustments and requirements for non-Year 12 students. ATAR data is based on the lowest selection rank (excluding adjustment factors) and is correct as of VTAC's January 2024 offer round. For more information, see latrobe.edu.au/courses. Aspire ATARs published are based on entry for Semester 1, 2024 and subject to change. For more information on the Aspire Early Entry Program and how to access the Aspire ATAR, see latrobe.edu.au/aspire. Some courses have alternative application options for regional and First Nations students – these courses are noted. For more information on how to apply, see the VTAC website.

UNDERGRADUATE COURSES

BACHELOR'S DEGREES

Minimum prerequisites

Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.

COURSE	FIRST MAJOR	LOCATION	INTAKE	DURATION	ATAR	ASPIRE ATAR
Bachelor of Media and Communication	Sports Media	Melbourne	Sem 1 & 2	3 years	61.90	50.00
Bachelor of Sport and Recreation Management ¹	Sport and Recreation Development ¹	Melbourne	Sem 1	3 years	NC	50.00

1. This course is pending Academic Board approvals and may be subject to change. Other majors may also be available. See the La Trobe website for the most up-to-date details.

DIPLOMAS & PATHWAYS

Finding a way into university doesn't have to be hard. Whether you're graduating Year 12, switching over from TAFE, or starting your education again after a break, we have a wide range of options to suit your circumstances.

Note: All undergraduate pathways are subject to meeting the destination course's minimum entry requirements. See the La Trobe website for details.

Minimum prerequisites

Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL.

COURSE	LOCATION	INTAKE	DURATION	ATAR
Diploma in Business	Bendigo	Sem 1 & 2	1 year	NP
	Melbourne	Sem 1 & 2	1 year	40.15
	Online	Sem 1 & 2	1 year	NP
Diploma of Arts	Melbourne	Sem 1 & 2	1 year	40.35
	Online	Sem 1 & 2	1 year	NP
Diploma of Elite Sport Business	Carlton ¹	Sem 1 & 2	1 year	40.30

1. Carlton College of Sport, a partnership between La Trobe University and Carlton Football Club.

POSTGRADUATE COURSES

MASTER'S DEGREES BY COURSEWORK

Entry requirements

See online for details

COURSE	SPECIALISATION	LOCATION	INTAKE	DURATION
Global Master of Business Administration	Sport Management	Melbourne	Sem 1 & 2	2 years
Master of Sport Analytics		Melbourne	Sem 1	2 years

PATHWAYS TO POSTGRADUATE STUDY

Many of our undergraduate courses provide either a direct pathway or credit towards postgraduate study.

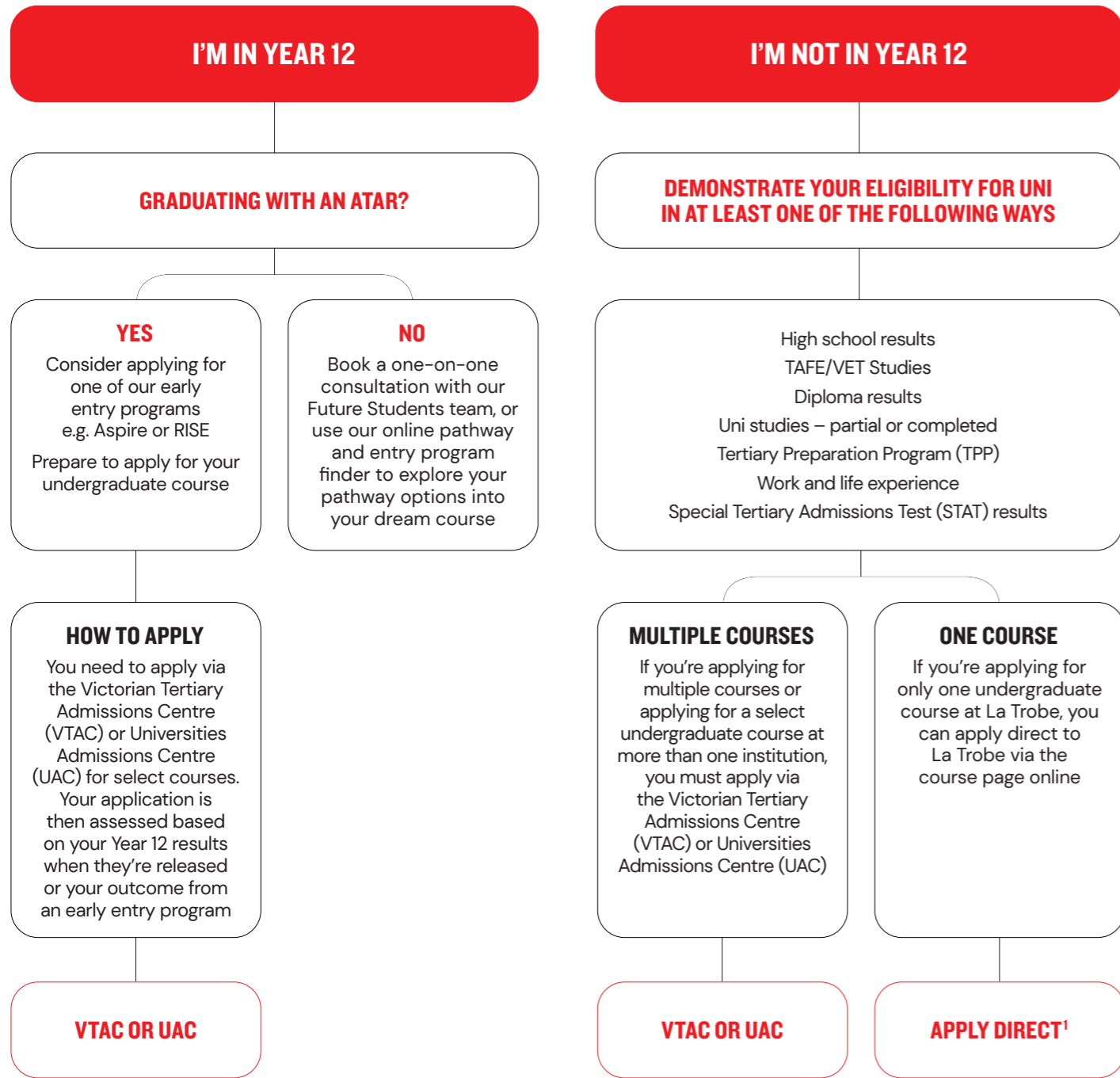
Visit La Trobe website via the QR code for more details



● First Nations entry available | ● Regional entry available | NC New course | NP ATAR not published


HOW TO APPLY

There are a few ways to apply to study at La Trobe. Follow the path below to discover the best way for you to apply. To discuss your eligibility, speak with a Future Student Consultant at: latrobe.edu.au/study/contact



HAS IT BEEN A WHILE SINCE YOU LAST STUDIED?
 If you haven't completed Year 12, completed it some time ago, or don't have an ATAR, our free Tertiary Preparation Program (TPP) unlocks a La Trobe Entrance Score and access to our courses. Your tailored program will develop study fitness, build academic and communication skills, and prepare you to overcome study challenges.

LEARN MORE:



1. Semester 2 intake is via Direct Applications only
 + Not all courses available via Apply Direct in Semester 1

The information on this page is meant for domestic students only. You are considered a domestic student if you are an Australian or New Zealand citizen, Australian permanent resident, or permanent humanitarian visa holder.
 Information on how to apply as an international student can be found online at latrobe.edu.au/study/apply/international

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ACKNOWLEDGEMENT OF COUNTRY
 La Trobe University acknowledges our campuses are located on the lands of many Traditional Custodians in Victoria and New South Wales. We recognise their ongoing connection to the land and value their unique contribution to the University and wider Australian society.
 La Trobe University is committed to providing opportunities for Aboriginal and Torres Strait Islander people, both as individuals and communities, through teaching, learning, research and partnerships across all our campuses.

JOIN US AT OPEN DAY

Explore your study options, chat with current students and teachers, tour our campuses, and discover what it's really like to study at La Trobe.

latrobe.edu.au/openday

Melbourne (Bundoora)

Sunday 4 August

Albury-Wodonga

Sunday 11 August

Mildura

Wednesday 14 August

Sydney

Thursday 22 August

Shepparton

Saturday 24 August

Bendigo

Sunday 25 August

TAKE THE NEXT STEP

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latrobe.edu.au/chat

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1300 135 045

Book a consult

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Ask us a sport question

sport@latrobe.edu.au

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