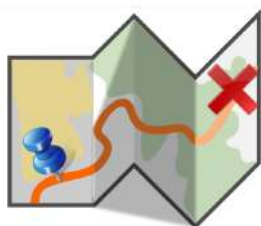


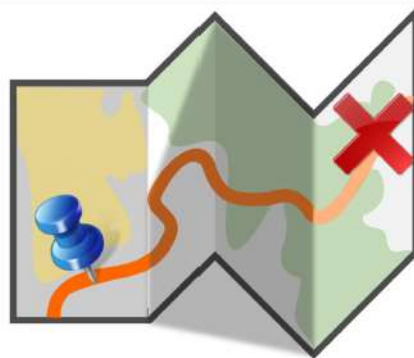
Setting **Goals** and **Action Plans** for rehabilitation

1

Access **G-AP** logbook



Coming up with the goals 2



Coming up with the goals

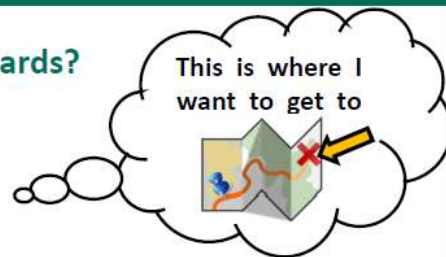


3

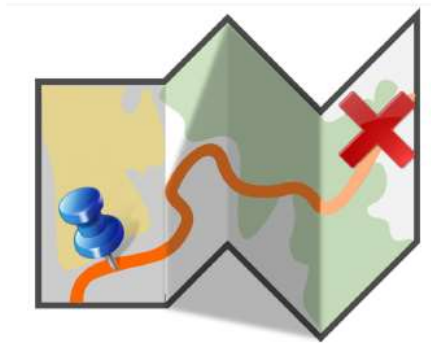
1. How are things going now?



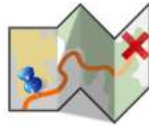
2. What do you want to work towards?



My goals and action plans



My goals



5

Name:

Goal number #	Date set __/__/__	Target date __/__/__
My goal is...		
Goal achieved? yes to some extent no		

Goal number #	Date set __/__/__	Target date __/__/__
My goal is...		
Goal achieved? yes to some extent no		




Goal number #	Date set __/__/__	Target date __/__/__
My goal is...		
Goal achieved? yes to some extent no		

My goals



5

Name:




Goal number #	Date set __/__/__	Target date __/__/__
My goal is...		
Goal achieved?  yes  to some extent  no		




My action plans






6

Name:

Goal number #	Action plan number #
My action plan is...	
Success?  yes  to some extent  no	

Goal number #	Action plan number #
My action plan is...	
Success?  yes  to some extent  no	










Goal number #	Action plan number #
My action plan is...	
Success?  yes  to some extent  no	

My action plans

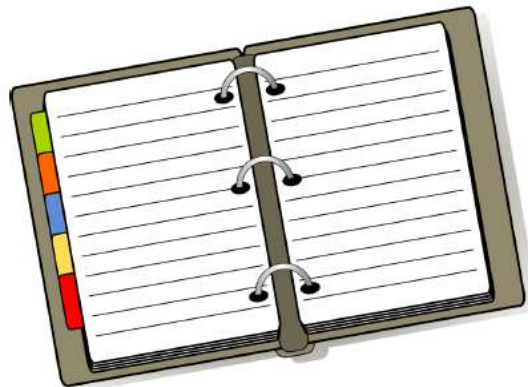


6

Name:

Goal			
Action plan number #			
My action plan is...			
Success?	 yes	 to some extent	 no
Action plan number #			
My action plan is...			
Success?	 yes	 to some extent	 no
Action plan number #			
My action plan is...			
Success?	 yes	 to some extent	 no

My appointments



My appointments



8

Date ___ / ___ / ___		Time	
Staff member			

Date ___ / ___ / ___		Time	
Staff member			

Date ___ / ___ / ___		Time	
Staff member			

Date ___ / ___ / ___		Time	
Staff member			

Date ___ / ___ / ___		Time	
Staff member			

Date ___ / ___ / ___		Time	
Staff member			